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PROUD MEMBER OF THE  
BLOOMINGTON LIFELONG  
LEARNING COALITION  
<http://bloomington.in.gov/bllic>

For more information,  
call H. Michael Simmons  
at 349-3737 or e-mail  
[PUB@bloomington.in.gov](mailto:PUB@bloomington.in.gov).

Visit us on Facebook at People's University of Bloomington.

## People's University is the adult leisure education program of the City of Bloomington Parks and Recreation Department.

401 N. Morton St., Ste. 250 • 349-3700

Fax: 349-3705 • E-mail: [parks@bloomington.in.gov](mailto:parks@bloomington.in.gov)

**Hours:** Monday–Friday, 8 a.m.–5 p.m.

**Closings** (entire City Hall is closed): *Good Friday* (April 22),  
*Election Day* (May 3), *Memorial Day* (May 30), *Independence Day* (July 4),  
*Labor Day* (September 5),

### Equal Opportunity

This program receives federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in departmental federally assisted programs on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against in any program, activity or facility operated by a recipient of federal assistance should write to:

**Director, Equal Opportunity Program, U.S. Department of the Interior,  
P.O. Box 37127, Washington D.C. 20013-7127**

### Inclusive Approach to Recreation

Bloomington Parks and Recreation is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together. All of our programs are inclusive to people with and without disabilities. For more information, contact our Inclusive Recreation Coordinator: Amy Shrake, Certified Therapeutic Recreation Specialist, at 812-349-3747 or [shrakea@bloomington.in.gov](mailto:shrakea@bloomington.in.gov).



**INCLUSIVE  
RECREATION**

### Photo policy

Parks and Recreation staff may videotape or take photos of participants in programs and at special events or of people in parks or on park properties. These photos may be used in future program guides, brochures, fliers or other materials used to promote Parks and Recreation.

- Many of our programs and events are part of the **Bloomington Entertainment and Arts District (BEAD)**.
- The Bloomington Entertainment and Arts District (BEAD) is galleries, live music, performing arts, over 90 restaurants and 100 specialty shops, parks, hotels, cozy neighborhoods in ten distinct character districts—each with a personality all its own. Walkable, rideable, don't miss-able. A cultural district like no other.
- BEAD is an economic development project of the City of Bloomington. For more information, contact [bead@bloomington.in.gov](mailto:bead@bloomington.in.gov) or call 349-3534. To make BEAD your next arts and entertainment destination, visit [www.visitbead.com](http://www.visitbead.com).



This guide is printed  
with soy-based  
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class list.

# People's University

of Bloomington

## People's University makes learning fun!

Encouraging lifelong learning in a relaxed environment, People's University offers affordable courses in a variety of subject areas for adults 18 yrs. and up. We bring together businesses, teachers, and other community members with knowledge and skills to share with those who would like to learn.

Bloomington Parks and Recreation and the other members of the Bloomington Lifelong Learning Coalition are helping Bloomington become a "Learning City" that uses its resources to enrich its human potential.

Take time this season to learn something new—just for you!

## Opportunities for Instructors

We can assist you in the planning of your course and enjoy facilitating the sharing of knowledge and skills through the auspices of People's University. For information on how to propose a class, see the inside back cover.

## Early Bird Special!

At People's University we don't ask whether the class is half empty or half full, we ask how many are on the wait list. Register early and assure yourself a place in the course of your choice. The first student enrolled in each course will receive a free People's University tote bag at the first class meeting. They're great for carrying class supplies!

## Legal Notice

People's University instructors often teach subject matter that relates to businesses or professional services that the instructors offer independently from Parks and Recreation programming. The

City of Bloomington cannot and does not endorse any outside business, professional service, or other affiliation of its instructors. Legal, health/medical, or other professional information presented in People's University courses is intended for general information purposes only and may not be applicable to particular persons or situations. Course participants should not rely on such information as a substitute for individual counseling or professional advice.

## Refund Policy

No refunds are provided after the first day of a program.

All refunds are subject to a \$2 administrative fee.

If the \$2 charge does not cover costs incurred by the Department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes.

Full refunds are given for all classes cancelled by Parks and Recreation. Allow four weeks for refund requests to be processed.

## Substitution Policy

Parks and Recreation reserves the right to use substitute instructors and alternate facilities when necessary.

**All People's University classes are for ages 18 yrs. and up—except for Sunday Brunch at the Winery.**



## Writing, Language & Literature

### Introduction to Irish Gaelic

Learn Irish Gaelic, an official language of the Republic of Ireland and the ancestral tongue of 46 million Americans. Achieve an understanding of the rich heritage of Ireland while developing conversation skills and learning vocabulary. Learn about opportunities to live and travel among the increasing numbers of *Gaeilgeoiri* (Irish speakers) in the U.S. and abroad. A \$5 materials fee is payable to the instructor in class.

Instructor: Devin Blankenship

**W 5/11–6/29 • 6:30–7:30 p.m. • 8 classes, 8 hours**

**City Hall, 401 N. Morton St., Kelly Conference Room, #155**

**\$49/in-city, \$59/non-city • Register by 5/5 (Code 87601-A)**

### Beginning Spanish

The course builds practical basic oral communication skills in Spanish. It covers essential grammar and vocabulary and includes an overview of cultural and linguistic differences in the Spanish-speaking world. No previous knowledge of Spanish is necessary.

Instructor: Marines Fornerino

**Th 5/12–6/30 • 6:30–8 p.m. • 8 classes, 12 hours**

**City Hall, 401 N. Morton St., Hooker Conference Room, #245**

**\$44/in-city, \$54/non-city • Register by 5/6 (Code 87602-A)**

## What people are saying ...

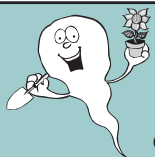
### Beginning Spanish—

**"The teacher was wonderful! Very friendly and helpful. I enjoyed the class very much!"**



*Take a People's University gardening class this summer! See pages 3–4 for a variety of classes to choose from.*





## G.O.S.T.

Grow Organic Special Topics



Haunted by problems in your garden? Get some help from a friendly G.O.S.T. (Grow Organic Special Topic). Designed to help you improve your organic gardening skills in specific areas, these classes are open to everyone and require no previous gardening education or experience. Take one or take them all. The haunt is over—get gardening with G.O.S.T.

**Instructor:** H. Michael Simmons, Advanced Master Gardener

### Garden Ecology: The Life in the Compost

Composting is really microherd management. We provide the food, water, and oxygen—our herd of microorganisms takes it from there. Learn how to manage the microherd to produce compost that assures the health of your garden ecosystem. We cover bins, compost materials, how to manage the microherd, and how to use the finished product correctly. Co-sponsored by Bloomingfoods.

**Sa 4/23 • 2–4 p.m.**

**Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.**

**\$10/in-city, \$12/non-city • Register by 4/18 (Code 77621-A)**



### Monitoring and Controlling Insect Pests in the Home Orchard

Learn how to monitor insect pests and how and when to apply organic controls in the home orchard. Participants learn how to make simple sticky traps and how to place, monitor, and renew them. The class also covers the use of beneficial insects and how to attract them to the orchard. Rain date is 6/4. Co-sponsored by Bloomingfoods and Bloomington Community Orchard.

**Sa 5/21 • 2–4 p.m.**

**Bloomington Community Orchard, South Highland Ave., opposite the YMCA**

**\$10/in-city, \$12/non-city • Register by 5/16 (Code 87612-A)**



## What people are saying ...

### Beginning Guitar—

*“Wonderful teacher. Great easy-to-learn lessons, and any level of guitar player would take away valuable techniques and ideas from this class.”*



## Community Gardening Classes

**Instructors:** H. Michael Simmons, Advanced Master Gardener and Community Gardening Program staff • Co-sponsored by Bloomingfoods.



### Breaking New Ground: Soil Preparation for New Gardens

In a new garden site, initial soil preparation is the key to a successful gardening season. The class teaches participants how to evaluate, prepare, and amend soil that has not been previously used for gardening. Topics covered include soil testing, evaluating and improving drainage, addressing nutrient deficits, soil structure improvement and maintenance, and creating planting beds. Weather permitting, there is an opportunity for hands-on instruction and practice.

**Sa 5/7 • 2–4 p.m.**

**Banneker Community Center, 930 W. Seventh St. and Rev. Ernest D. Butler Park, 812 W. Ninth St. (weather and soil conditions permitting)**

**\$7/in-city, \$8/non-city • Register by 5/2 (Code 87610-A)**

### Pest and Disease Prevention and Control

Learn how to prevent pest and disease problems in the garden and how to control them if they do occur. Topics covered include preventive strategies, identification of signs and symptoms, and use of sustainable methods of control. The class has a field demonstration component. Rain date is 7/9. Participants will be contacted if rain date is necessary.

**Sa 6/18 • 2–4 p.m.**

**Willie Streeter Community Gardens, 2120 S. Highland Ave. \$10/in-city, \$12/non-city • Register by 6/13 (Code 87616-A)**

### Weed Prevention and Control

Weeds are plants out of place. They can compete with your crops for sunlight, water, and nutrients. They also can harbor plant pathogens and insect pests. Learn how to put weeds in their place with improved garden management strategies. The class covers weed identification, preventive techniques, and eradication methods. The class includes a field demonstration component. Rain date is 7/9. Participants will be contacted if rain date is necessary.

**Sa 6/25 • 2–4 p.m.**

**Willie Streeter Community Gardens, 2120 S. Highland Ave. \$10/in-city, \$12/non-city • Register by 6/20 (Code 87618-A)**

### Fall Gardening and Cover Cropping

Fall is a wonderful gardening season in Bloomington. Many cool-season crops perform better in fall than in spring. The challenge is in getting fall crops started in the heat of summer. The class prepares participants to start and maintain a productive fall garden. It also reviews cover crops and their uses and includes a field demonstration component. Rain date is 7/23. Participants contacted if rain date is necessary.

**Sa 7/16 • 2–4 p.m.**

**Willie Streeter Community Gardens, 2120 S. Highland Ave. \$10/in-city, \$12/non-city • Register by 7/11 (Code 87615-A)**



## Bringing Pollinators to Your Garden



Creating better habitats for pollinators increases yield in the garden. Learn the basics of attracting pollinators by creating a bee, butterfly, and hummingbird garden. The class covers which plants that attract pollinators are easiest to grow in south central Indiana. Students receive informative handouts and a packet of seeds from Nature's Crossroads. Co-sponsored by Bloomingfoods and Nature's Crossroads. Instructor: Maggie Sullivan



**Th 5/19 • 7–8:30 p.m.**

**City Hall, 401 N. Morton St., Kelly Conference Room, #155**

**\$7/in-city, \$8/non-city • Register by 5/16 (Code 87611-A)**

## Green Building 101



If you're interested in green building but don't know where to start, the South Central Branch of the U. S. Green Building Council-Indiana can help with a tour of Bloomington's first LEED Platinum home. The tour introduces participants to the USGBC, provides information on green building techniques, demonstrates how the house being toured achieved LEED Platinum certification, and concludes with a lunch provided by Food Works. Co-sponsored by USGBC-IN South Central Branch, Bloomingfoods and the Center for Sustainable Living. Instructors: Dave Gulyas, LEED AP and interior designer; Ted Mendoza, LEED AP and owner of Gengee, LLC, a local energy firm; and Heidi Russell Wagner, LEED AP and county planner. All instructors are members of the USGBC-IN South Central Branch Steering Committee.



**Sa 5/21 • 10:30 a.m.–1 p.m.**

**908 W. Eighth St.**

**\$7/in-city, \$8/non-city • Register by 5/18 (Code 87613-A)**

## Grow Your Own Protein!

Learn all about the ultimate vegetable protein source—beans! The class covers the basics of growing, harvesting, and preparing these tasty and nutritious legumes. Learn which varieties work best as snap (green) beans, which are best for dried (soup) beans, and which can be used either way. Taste samples of favorite bean recipes and receive cooking tips for increasing flavor, minimizing energy use, and avoiding the gassy effects of beans. Class includes light snacks, three packets of bean seeds, and a packet of recipes. Free child care for children ages 8–12 yrs. Co-sponsored by Mother Hubbard's Cupboard, Nature's Crossroads Earth-Friendly Seeds, and Bloomingfoods. Instructors: Stephanie Solomon, Garden and Nutrition Coordinator, Mother Hubbard's Cupboard, and Maggie Sullivan, Team Coordinator, Nature's Crossroads Earth-Friendly Seeds



**Th 5/26 • 6–8 p.m.**

**Banneker Community Center,**

**930 W. Seventh St.**

**\$7/in-city, \$8/non-city • Register by 5/20 (Code 87614-A)**

## The Raingardens of Monroe County: Sustainable Stormwater Design

Learn what raingardens are, how they function, and how to create your own. Following an information session and lunch, participants visit sites in Monroe County that primarily use native plants to filter stormwater. The tour showcases existing raingardens at residential, commercial, and industrial sites. Homeowners, property managers, homebuilders, landscapers, developers, and all interested in sustainable stormwater control are encouraged to attend. Bring a sack lunch and drink. Materials and transportation to raingarden sites provided. Tour held rain or shine, so dress appropriately for the weather. Co-sponsored by Bloomington Environmental Commission/Bloomington Commission on Sustainability Joint Water Committee, Bloomingfoods, and the Center for Sustainable Living. Instructor: Heidi Russell-Wagner (Monroe County Planning), Linda Thompson (City of Bloomington Environmental Planner), Cathy Meyer (Monroe County Parks and Recreation Naturalist), Todd Stevenson (Monroe County Drainage Engineer), and Kriste Lindberg (City of Bloomington Environmental Educator)

**Sa 6/11 • 10 a.m.–4 p.m.**

**Twin Lakes Lodge, 2350 W. Bloomfield Rd.**

**\$10/in-city, \$12/non-city • Register by 6/8 (Code 87617-A)**

## Grow Organic Educator Series



Learn organic gardening from the experts and share your knowledge with the community in this organic outreach horticultural certification program, which covers soil science, seed saving, and everything in between. Complete the course and volunteer hours in a number of community projects to be certified as a Grow Organic Educator or just take the course for your own enrichment. Get gardening with GOES! Textbook and comprehensive reference notebook included in fee. There are a number of optional Saturday workshops and field trips. Co-sponsored by the Center for Sustainable Living and Bloomingfoods. Instructors: A team of organic gardening experts

Thanks to the generosity of a GOES graduate, scholarship assistance is now available through the Cassell Memorial Scholarship fund. Scholarship applications must be submitted at least two weeks prior to the start of the program and are available at the Parks and Recreation office. Applicants must provide proof of income and a brief statement indicating why they are interested in completing the GOES series. For more information about applying for a scholarship, call 349-3710.



**W 9/7–12/7 • 6–9 p.m. • 13 classes, 39 hours**

**Class does not meet 11/23.**

**Bloomington High School South, 1969 S. Walnut St.**

**\$120/in-city, \$150/non-city • Register by 9/1 (Code 87619-A)**

## Sunday Brunch at the Winery

The menu: farm fresh eggs with mild salsa verde, smoked salmon, and cheddar; seared Black Angus tenderloin with mint gravy; home fries with spinach, onions, and mushrooms; thick slices of French toast; and fresh fruit compote soaked in warm Oliver port. The concept: We do the cooking—you do the looking and the eating! A full meal with demonstration of two items by Chef Matt O'Neill. The event includes a guided tasting of Oliver wines. Rain date is 5/22. Registration for the brunch indicates availability for rain date. Co-sponsored by Bloomington Cooking School.

**Su 5/15 • 1–3 p.m. • For ages 21 yrs. and up.**

**Oliver Winery, 8024 N. Hwy. 37**

**\$40/in-city, \$50/non-city • Register by 5/10 (Code 87620-A)**



## Baking Versatile Sweet Bread

Create different types of bread from one sweet bread recipe. Learn how to mix and shape dough into Mexican pan dulce, babka loaf and rolls, and chocolate chip twists. Free childcare available for children ages 8–12 yrs. Co-sponsored by Bloomingfoods and Sweet Claire Bakery. Instructor: Nelia Hostetter

**M 5/23 • 6–8 p.m.**

**Banneker Community Center, 930 W. Seventh St., Kitchen**

**\$8/in-city, \$10/non-city • Register by 5/18 (Code 87621-A)**



## Grow Your Own Protein!

See page 4.

## Top of the Stove Baking

Learn to make English muffins, crumpets, and tortillas in this class focusing on baking on top of the stove. Students receive recipes and tips on warm-weather cooking. Additional materials fee of \$5 payable to instructor in class. Co-sponsored by Bloomingfoods. Instructor: Lynn Schwartzberg, food writer for *The Herald-Times*

**Th 6/9 • 7–8:30 p.m.**

**Banneker Community Center, 930 W. Seventh St., Kitchen**

**\$16/in-city, \$19/non-city • Register by 6/3 (Code 87622-A)**



## What people are saying ...

### Soldering Made Simple—

*“The instructor was very flexible—willing to do/show different things—and very patient.”*

## What people are saying ...

### Grow Organic Educator Series—

*“Wonderful class—excellent organization and presentation.”*



## Tai Chi Chuan

Tai chi is a slow-moving, gentle but demanding health and relaxation exercise that can be used by people of all ages. Scientific studies indicate that tai chi is especially good for the heart, lungs, and skeletal muscles. It is helpful in weight control, stress reduction, balance, coordination, concentration, and meditation. Sessions are for eight weeks, but participants may join the class at any time. Instructor: Elisa K. Pokral, certified tai chi instructor

**The Waldron, Hill and Buskirk Park (Third Street Park)**

**Tu 5/3–6/21 • 6–7 p.m. • 8 classes, 8 hours**

**\$46/in-city, \$56/non-city • Register by 4/27 (Code 87630-A)**

**Tu 6/28–8/16 • 6–7 p.m. • 8 classes, 8 hours**

**\$46/in-city, \$56/non-city • Register by 6/22 (Code 87630-B)**

## Capoeira X Fit

In this fitness-based capoeira, students receive an introduction to bodyweight exercise using traditional capoeira movements. These movements build core strength, flexibility, and endurance while focusing on stabilizing core muscle groups. Instructor: Mallick Quraan (Instructor Hatu)

**Allison-Jukebox Community Center**

**Th 6/2–7/7 • 6:30–8 p.m. • 6 classes, 9 hours**

**\$38/in-city, \$47/non-city • Register by 5/27 (Code 87631-A)**

**Th 7/14–8/18 • 6:30–8 p.m. • 6 classes, 9 hours**

**\$38/in-city, \$47/non-city • Register by 7/8 (Code 87631-B)**

## Happy Hatha Yoga

The class combines yoga poses which focus on stretching and balance with the energy-boosting, strength-building Vinyasa style that is most popular in American yoga studios. The class is open to all fitness levels, with different options for each pose, from beginner to advanced. Through classic Hatha yoga poses, we focus on lifting our spirits, boosting our energy, and working toward feeling happy and peaceful. Bring a yoga mat. Instructor: Rena J. Mosteirir, registered yoga teacher with the Yoga Alliance

**W 6/15–8/3 • 6–7:30 p.m. • 8 classes, 12 hours**

**Allison-Jukebox Community Center, 351 S. Washington St.**

**\$55/in-city, \$65/non-city • Register by 6/9 (Code 87632-A)**

## Friends with Food Allergies

The class is both for people who have food allergies, and for those who love them. It provides facts about food allergies, including how to find out if you are allergic, as well as resources for dealing with the allergies. The class also includes a discussion of how friends and family members can help those with food allergies feel more included in social events involving food. Co-sponsored by Bloomingfoods. Instructor: Scarlett Winters, N.D.

**Th 6/16 • 7–8 p.m.**

**City Hall, 401 N. Morton St., Kelly Conference Room, #155**

**\$6/in-city, \$7/non-city • Register by 6/10 (Code 87633-A)**





## Ballroom Dancing

**Allison-Jukebox Community Center,**  
**351 S. Washington St. • Instructor: Margot Scholz**  
**\$54/in-city, \$67/non-city (6 classes, 6 hours)**

Students master the steps and stylings in easy modules and learn which dances work with which music. Ballroom dancing is both an important social skill and also an enjoyable low-impact aerobic exercise. Have a convivial Friday evening while learning new skills and staying healthy!

### Beginning

Six weeks of professional ballroom instruction in swing, cha cha, rumba, waltz, foxtrot, and blues.

**F 4/29–6/3 • 6:30–7:30 p.m. • Register by 4/25 (Code 87640-A)**

**F 6/10–7/15 • 6:30–7:30 p.m. • Register by 6/6 (Code 87640-B)**

### Intermediate

Six weeks of professional intermediate ballroom instruction in standard and Latin dances.

**F 4/29–6/3 • 7:30–8:30 p.m. • Register by 4/25 (Code 87641-A)**

**F 6/10–7/15 • 7:30–8:30 p.m. • Register by 6/6 (Code 87641-B)**

## Beginning Guitar

The class offers beginners with little or no experience an opportunity to learn basic chords, popular songs, and blues improvisation. The class also covers simple music theory concepts and how to apply them to guitar playing. Bring an acoustic guitar or an electric guitar with amp and cord. Instructor: Aaron Chandler, Chandler's Music Education

**City Hall, Hooker Conference Room, #245**

**Tu 5/10–6/28 • 8:15–9:15 p.m. • 8 classes, 8 hours**

**\$33/in-city, \$41/non-city • Register by 5/4 (Code 87643-A)**

**Tu 7/5–8/23 • 8:15–9:15 p.m. • 8 classes, 8 hours**

**\$33/in-city, \$41/non-city • Register by 6/29 (Code 87643-B)**

## Nightclub Dance

Learn three of the most useful dances danced to nightclub music: Nightclub Two-Step, East Coast Swing, and Foxy. Partner not required in order to take the class. Co-sponsored by Panache School of Ballroom and Social Dance. Instructor: Sandra Myers

**F 6/3–7/22 • 5:30–6:20 p.m. • 8 classes, 6 hours, 40 minutes**

**Panache School of Ballroom and Social Dance,**

**325 E. Winslow Rd., Winslow Plaza**

**\$24/in-city, \$30/non-city • Register by 5/31 (Code 87645-A)**

## Latin Street Dance

Put some fire in your life by learning Latin street dances, including salsa, merengue, and bachata, from experienced instructors in a relaxed class. A healthy low-impact aerobic sport, Latin street dancing is also a very useful social skill. Have fun and get fit at the same time! Co-sponsored by Panache School of Ballroom and Social Dance. Class does not meet 7/2. Instructor: Sandra Myers

**Sa 6/4–7/30 • 1–1:50 p.m. • 8 classes, 6 hours, 40 minutes**

**Panache School of Ballroom and Social Dance,**

**325 E Winslow Rd., Winslow Plaza**

**\$24/in-city, \$30/non-city • Register by 5/31 (Code 87644-A)**

## Beginning the Bamboo Flute

Learn the basics of playing a woodwind instrument with the sideblown (transverse) bamboo flute. Students learn proper position, how to get a good sound, breathing, fingerings, popular melodies and songs, and some sound tricks. New bamboo flutes provided for students to keep. Instructor: Brian Courtney, Mr. C's Music Lessons

**M 6/6–6/20 • 8–8:45 p.m. • 3 classes, 2¼ hours**

**City Hall, 401 N. Morton St., Hooker Conference Room, #245**

**\$26/in-city, \$32/non-city • Register by 6/1 (Code 87642-A)**

## Beginning the Ukulele

Learn the basics of playing a stringed instrument with the ukulele.

Students learn ways to hold the instrument, tuning, re-stringing, melodies and chords to popular songs, singing and playing, and playing in groups. Those with previous string instrument experience are welcome, but the class is geared toward beginners. Bring a soprano, concert, or tenor ukulele; a clip-on tuner is recommended.

Instructor: Brian Courtney, Mr. C's Music Lessons

**M 6/6–6/20 • 7–7:45 p.m. • 3 classes, 2¼ hours**

**City Hall, 401 N. Morton St., Hooker Conference Room, #245**

**\$17/in-city, \$21/non-city • Register by 6/1 (Code 87646-A)**

## Fundamentals of Middle Eastern Dance

Participants will learn the basics of Middle Eastern dance, also known as *raks sharki* or belly dance. Find the spirit of dance through this exciting and empowering art form—exercise for the body, expression for the soul. Participants need to purchase finger cymbals. Details are given during the first class. Session II is a continuation of Session I; however, beginning students may join Session II. Class does not meet 7/6. Instructor: Lois Silverman, Mazikeen Arts

**Allison-Jukebox Community Center, 351 S. Washington St.**

**Session I—W 6/8–7/13 • 6:30–7:30 p.m. • 5 classes, 5 hours**

**\$55/in-city, \$65/non-city • Register by 6/2 (Code 87647-A)**

**Session II—W 7/20–8/17 • 6:30–7:30 p.m. • 5 classes, 5 hours**

**\$55/in-city, \$65/non-city • Register by 7/14 (Code 87647-B)**

## Intermediate Middle Eastern Dance

Participants will refine and expand their mastery of Middle Eastern dance, while experimenting with solo dancing, creative play and zillwork, and group improvisation. "Fundamentals of Middle Eastern Dance" is a prerequisite for this class. Bring finger cymbals, if you have them; information on purchase at first class. Class does not meet 7/6. Instructor: Lois Silverman, Mazikeen Arts

**Allison-Jukebox Community Center, 351 S. Washington St.**

**W 6/8–7/13 • 7:45–8:45 p.m. • 5 classes, 5 hours**

**\$55/in-city, \$65/non-city • Register by 6/2 (Code 87648-A)**

**W 7/20–8/17 • 7:45–8:45 p.m. • 5 classes, 5 hours**

**\$55/in-city, \$65/non-city • Register by 7/14 (Code 87648-B)**

## Arts & Crafts

### Soldering Made Simple

Learn many skills from basic soldering to the intricate art of wire wrapping to create unique jewelry and art pieces. The class provides tips and techniques to make every soldering experience a success. Please bring a 25-watt soldering iron and a good soldering stand (available locally). Additional \$40 materials fee payable to instructor in class. Class does not meet 5/30. Instructor: Lara Hasler

**M 5/16–6/13 • 6:30–8:30 p.m. • 4 classes, 8 hours**

**Allison-Jukebox Community Center,**

**351 S. Washington St.**

**\$31/in-city, \$38/non-city • Register by 5/11 (Code 87650-A)**



### Silk Painting

Silk painting has captivated artists for centuries. Discover the ease and beauty of this elegant fiber arts medium. Learn how to work with Gutta (resist), silk paints, and set dyes, as well as how to add electrifying touches to scarves, paintings, greeting cards, and more. Additional \$40 materials fee payable to instructor in class.

Instructor: Lara Hasler

**W 6/8–6/29 • 6–8 p.m. • 4 classes, 8 hours**

**Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.**

**\$21/in-city, \$23/non-city • Register by 6/2 (Code 87651-A)**

### Beginning Drawing

The class explores all avenues of learning how to draw. Participants gain knowledge of basic shapes, light and shadow, and values and composition. The class touches on perspective and anatomy. Participants should bring a 6B drawing pencil, kneaded rubber eraser, 14" x 17" drawing pad, and two vine charcoal sticks.

Class does not meet 7/3. Instructor: Josephine A. Borrasso

**Su 6/12–7/24 • 2–4 p.m. • 6 classes, 12 hours**

**Allison-Jukebox Community Center, 351 S. Washington St.**

**\$44/in-city, \$54/non-city • Register by 6/7 (Code 87652-A)**



### Fabric and Paper Marbling

One of the most classic art forms, marbling has captivated artisans and admirers of beautiful objects for centuries. In the class, you'll learn everything you need to know in order to become a successful marbler. The class includes preparing the marbling bath and experimentation with a variety of materials, including silk, paper, and three-dimensional objects. Additional \$40 materials fee payable to instructor in class. The class includes a one-hour lunch break.

Instructor: Lara Hasler

**Sa 7/16 • 10 a.m.–5 p.m.**

**Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.**

**\$21/in-city, \$23/non-city • Register by 7/11 (Code 87653-A)**

## Lectures & Workshops

### How to Teach for People's University

If you have skills or knowledge you'd like to share with other community members, here's a free class to help you become a People's University instructor. The class covers class planning, budgeting, facilities, proposal writing, and contracts. Participants receive the People's University Instructor Manual, assistance with curriculum development, and tips on working with adult learners. Instructor: H. Michael Simmons

**Tu 4/26 • 6:30–8 p.m.**

**City Hall, 401 N Morton St., Hooker Conference Room, #245**

**FREE • Register by 4/20 (Code 77691-A)**

## Sports

### Introduction to Keel Boat Sailing

Co-sponsored by Bloomington Parks and Recreation and the Lake Monroe Sailing Association, these lessons teach safe sailing skills to participants 18 years of age or older. No previous sailing experience is required. Instruction will include rigging, sailing upwind and downwind, docking, terminology, safety, and the rules of the road. Ten percent discount for LMSA members. Recommended text is *Sailing Fundamentals* by Gary Jobson, available from local bookstores or from the Monroe County Public Library. This class is also appropriate for those who may have physical limitations that make the handling of smaller boats difficult. For sailing details, call LMSA at 824-4611. For registration information, call 349-3700. Instructor: Randy Hannum, Coordinator

**Sa, Su • 9 a.m.–4:30 p.m. • 2-day classes, 15 hours**

**\$200, \$175 for the weekends indicated.\***

**Lake Monroe Sailing Association, 7600 S. Shields Ridge Rd.**

**5/14–5/15 • Register by 5/9 (Code 87660-A)\***

**5/21–5/22 • Register by 5/16 (Code 87660-B)**

**6/4–6/5 • Register by 5/31 (Code 87660-C)**

**6/11–6/12 • Register by 6/6 (Code 87660-D)\***

**6/18–6/19 • Register by 6/13 (Code 87660-E)**

**6/25–6/26 • Register by 6/20 (Code 87660-F)\***

**7/9–7/10 • Register by 7/5 (Code 87660-G)\***

**7/16–7/17 • Register by 7/11 (Code 87660-H)**

**7/23–7/24 • Register by 7/18 (Code 87660-I)**

**7/30–7/31 • Register by 7/25 (Code 87660-J)**

**8/6–8/7 • Register by 8/1 (Code 87660-K)**

**8/13–8/14 • Register by 8/8 (Code 87660-L)**

**8/20–8/21 • Register by 8/15 (Code 87660-M)**

**8/27–8/28 • Register by 8/22 (Code 87660-N)**

**9/10–9/11 • Register by 9/6 (Code 87660-O)**

**9/17–9/18 • Register by 9/12 (Code 87660-P)**

**9/24–9/25 • Register by 9/19 (Code 87660-Q)**

**10/1–10/2 • Register by 9/26 (Code 87660-R)**

## What people are saying ...

### Fundamentals of Middle Eastern Dance—

*“This has been a fantastic class—excellent mix of instruction and fun.”*

# Instructor Profiles

**Devin Blankenship** has taught Irish Gaelic for People's University for two semesters. A Bloomington native and advocate for lifelong learning, he has taught in Ireland and hosts an annual Irish language immersion event.

**Josephine A. Borrasso** taught drawing at the John Waldron Art Center (2002-2009) and studied art at the Washington School of Art in New York, the Art Institute of Pittsburgh, and the Art Institute of Chicago.

**Aaron Chandler** offers music lessons through Chandler's Music Education and has taught a number of well-received beginning and intermediate guitar classes for People's University.

**Brian Courtney** is a professional educator and performer in music and roller skating. He has taught ukulele and roller skating classes through People's University and teaches music through Mr. C's Music Lessons.

**Marines Fornerino** is a native speaker of Spanish and an experienced language instructor. She has taught a number of well-attended Spanish classes for People's University.

**David Gulyas** taught "The Foundations of LEED" at the IU School of Public and Environmental Affairs in the fall of 2010 and has given many presentations on sustainable green design to businesses and organizations, including the Chicago Center for Green Technology and the Chicago Architecture Foundation.

**Lara Hasler** has taught art classes for four years in Nashville, Ind., and for three semesters has taught a wide variety of popular art classes for People's University.

**Nelia Hostetter**, owner of Sweet Claire Bakery, is an experienced baker and a graduate of the Artisanal Bread Baking Course at the French Culinary Institute in New York City. She has taught artisanal bread baking for People's University.

**Kriste Lindberg, M.S.Ed.** (instructional design) has worked primarily for the City of Bloomington as an education specialist focusing on water quality initiatives. She also serves on the Environmental Commission.

**Ted Mendoza** is owner and founder of a local energy and sustainable green design, consulting, and commissioning firm, Gengee LLC. He has more than 17 years experience in the architectural/engineering, communications, and energy industries.

**Cathy Meyer** has served as Naturalist for the Monroe County Parks and Recreation Department since 1991. She is responsible for planning and implementing environmental education presentations for school groups, teachers, day camps, and the public.

**Rena J. Mosteirin, R.Y.T.** completed the 200-hour Yoga Alliance teacher training at the Evansville Yoga Center. Teaching in a variety of settings in Bloomington, including People's University, has helped develop her style and define her commitment to building communities that support health, fitness, and peace.

**Sandra Myers**, co-owner and head instructor of Panache School of Ballroom and Social Dance, received dance training at the Midwest Ballroom Dance Teachers Association. She has taught a number of popular partner dance classes for People's University.

**Matt O'Neill** is an experienced chef, owner of the Runcible Spoon, and co-owner of the Bloomington Cooking School. He has taught many classes for People's University and for the Cooking School.

**Elisa Pokral** is a certified Tai Chi Chuan instructor and has taught in both Indiana and Utah since 1995. She is also an environmental educator who enjoys sharing the joys of cross-cultural wisdom.

**Mallick Quraan** began capoeira training in 1994 under the guidance of a Brazilian capoeira master. Since then, he has performed and taught in Vancouver, Toronto, Oakland, Saint Croix, and Jakarta. He looks forward to sharing the unique exercise specific movements of capoeira with the Bloomington community.

**Lynn Schwartzberg** is a food columnist for the *Herald-Times*. An experienced cooking instructor and cookie-baking expert, she has taught "The Cookie" for People's University.

**Margot Scholz** was the instructor and coach of the IU Ballroom Dance Club from 1986-2004 and has instructed privately in Bloomington and Columbus since the 1970s. She has taught popular ballroom dancing classes for People's University for many years.

**Lois Silverman** has more than 15 years' experience in Middle Eastern dance, including five years teaching the art of *raks sharki* for People's University.

**Stephanie Solomon** is the Garden and Nutrition Coordinator of Mother Hubbard's Cupboard food pantry and has taught many gardening and food classes for People's University. She is an organic educator certified in permaculture design.

**Maggie Sullivan** is the team coordinator of Nature's Crossroads Earth-Friendly Seeds. She is an organic educator certified in permaculture design and has taught many gardening and food classes for People's University.

**Heidi Russell Wagner** is the Environmental Planner for Monroe County. For the past four years, she has worked to promote Low Impact Development, a set of cost-effective strategies that reduce the environmental impacts of new development.

**Scarlett Winters, N.D.** is a traditional naturopath practicing in the Bloomington and Jasper areas. She provides people with information and resources to make informed choices about their health. She also provides health education programs to organizations and communities.

## Do you have a great idea for a class?

Want to share your expertise and promote your business?

There are many opportunities for instructors to teach at People's University, a creative program designed to bring together small businesses, teachers and community members with skills to teach with those who want to learn. A class proposal form is on the inside back cover of this class list.